

CLEAR CONCEPTS: THE NATURE OF GENDER VIOLENCE OR VIOLENCE AGAINST WOMEN

Violence against women (Istanbul Convention, 2011) should be understood as a violation of human rights and a form of discrimination against women. The term describes all acts of gender-based violence that inflict or may inflict on women physical, sexual, psychological or financial damage or suffering, including the threat to carry out such acts, coercion or arbitrary deprivation of freedom in public or private life.

In Spanish legislation the concept of **gender violence (Organic Law 1/2004)** encompasses any kind of physical and psychological act - including attacks on sexual freedom, threats, coercion and arbitrary deprivation of freedom - committed against women by anyone who is or has been their spouse or by anyone who is or has been linked to them by similar relationships of affection, with or without cohabitation.

Violence against women or gender violence is the most serious expression of inequality and of the power exercised by men over women.

If you're looking for information and guidance...

- **016 Telephone hotline for victims of gender violence abuse** (not recorded on your telephone bill, 51 languages spoken)
 - **24-hour women's centre, 900580888**
 - **Female victims of crime office** [*Oficina de Atención a las Víctimas del Delito (OAVD)*]
Plaza Jaume I, 23 (planta baja) Denia
Tel: 965 93 86 10 and 965 93 86 11; victimes_denia@gva.es
 - **Women's care and equality promotion service** [*Servicio de Atención a la Mujer y Promoción de la Igualdad*]
Calle Llibertat 36, 1º planta, Calp
Tel: 965835111; igualdad@ajcalp.es
 - **Social Services**
Plaza Beato Francisco Sendra 8, Calp
Tel: 965837223; servsociales@ajcalp.es
 - **Gender violence police unit**
Tel: 965839000 / 649086202; vgam@ajcalp.es
 - **Medical centre**
Avenida Conde de Altea s/n, Calp
Tel: 966870450/696870451

If you want to make a report...

- **Guardia Civil barracks**
Avd/ Conde de Altea 31, Calp
Tel: 965830080
- **Court for violence against women in Denia**
Plaza Jaume I, 23 Denia
- **Public Prosecutor's office/Duty court**
Plaza Jaume I, 23 Denia
- **Emergencies: 112**

Telephone applications (APPS):

- **LIBRES** is a mobile phone app (for IOS and Android operating systems) aimed mainly at women who are suffering or have suffered gender violence and at anyone who spots a possibly abusive situation in their surroundings.
- **ALERTCOPS** is the citizens' safety alerts service put in place by the State Police Force to respond if you are at risk.

Websites:

- **WRAP:** A website with support and prevention resources for cases of gender violence.

<https://wrap.igualda.d.mpr.gob.es>



GENDER VIOLENCE. A GUIDE TO RESOURCES AND SERVICES

Ayuntamiento de Calp
Concejalía de Igualdad





**IF YOU FEEL IDENTIFIED
WITH ANY OF THE
FOLLOWING SITUATIONS,
YOU ARE A VICTIM OF ABUSE.**

**PHYSICAL, PSYCHOLOGICAL
AND SEXUAL VIOLENCE
CAN BE REPORTED.**

Violence can be shown in different ways:

- **Physical violence:** hitting, pushing, shaking, kicking, biting, torture, throwing objects, etc.
- **Psychological violence:** the use of ridicule, humiliation, jealousy, isolation, financial control, continuous scorn and indifference, threats, insults, not taking on any domestic responsibility, making rude comments about physique, destroying or damaging the women's personal items, threats of injury to relatives, **friends, suicide threats, etc.**
- **Sexual violence:** jokes, crude language, unpleasant comments, forcing the woman to view pornography, any sexual act or relation without consent, undesired sexual advances, inflicting pain, etc.



How to know if you are in an at-risk situation

- He demands explanations and wants to know what you're doing at every moment.
- He wants to control or change the way you dress, your thoughts and your decisions.
- He prevents you from seeing your friends and loved ones.
- He holds you responsible for what is happening and makes you feel guilty.
- He despises you in public and in private.
- He threatens to leave you if you don't do everything he wants.
- He makes intimidating and offensive telephone calls to you.
- Even though you don't want sexual intercourse, he forces you to whenever he wants.
- He pursues and harasses you.
- He makes you believe he knows more than you.
- He is jealous and possessive.
- He doesn't control his impulses, everything he does is disproportionate and he is easily irritated.
- He uses violent language in everyday speech.
- He is violent during sexual intercourse.
- He breaks things when angry.
- He has abused other women.
- He asks for forgiveness after behaving badly, but does the same again shortly afterwards.
- He threatens to harm you or himself if you leave him.
- He won't let you have any financial control over your bank accounts.
- He spends all the money you have even though it's needed at home.
- He pushes you, shakes you and hits you.
- He kicks you, slaps you and punches you.
- He squeezes you tightly, pulls your hair, pinches you, etc.
- He comes at you and/or threatens you with knives, blades, guns, etc.
- The best indicator of what your partner is like is whether he makes you feel good or bad.

(Source: www.gva.es)

**IF YOU IDENTIFY WITH ANY OF THESE WAYS
IN WHICH SOMEONE SHOWS PHYSICAL,
PSYCHOLOGICAL OR SEXUAL VIOLENCE, ASK
FOR PROFESSIONAL HELP AND ADVICE.**